ACCU-CHEK® Mobile

Roche

Accu-Chek® Mobile

Quick Reference Guide

⚠ WARNING

The Accu-Chek Mobile meter and Accu-Chek FastClix finger pricker are intended for patient self monitoring by an individual person only. They must not be used to test blood glucose from more than one person as they do not incorporate any features to guard against cross-infection.

⚠ WARNING

This Quick Start Guide does not replace the detailed User's Manual for your Accu-Chek Mobile blood glucose monitoring system. Be sure to comply with the safety information in the User's Manual and in the package insert of the test cassette.

Overview

1 **Release button (priming and pricking)**

2 **Power and enter button**

3 **Down/Up buttons**

4 **Window showing number of available lancets**

5 **Lever for loading a new lancet**

6 **Rotatable cap for setting the penetration depth**

7 **Tip cover, closed (below right: open)**

8 **Test area (at the tip of the cassette ready for a test)**

9 **Lancet drum**

10 **Slide button to release the finger pricker**

11 **Slide button to open the cassette compartment cover**

12 **Tip cover**

13 **Test cassette**

14 **Guidance tabs**

Starting to use the blood glucose monitoring system

Open the test cassette box at the perforation. Take out the plastic container.

Remove the new test cassette from the plastic container.

Open the tip cover.

Push the slide button for the cassette compartment cover upwards in the direction of the arrow.

Insert the test cassette in the meter. Press the cassette compartment cover closed. Close the tip cover.

Pull the protective strip of the batteries backwards out of the meter. Remove the protective film from the display.

Press ▣ for about 2 seconds until the meter turns on.

Use ▼ ▲ to select a language (highlighted in yellow). Press ▣.

Press ▣.

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Preparing the finger pricker

Remove the cap from the finger pricker.

Insert the new lancet drum, white end first.

Do **not** remove the lancet drum until all 6 lancets have been used.

The lancet drum is properly inserted when it is completely inside the finger pricker and only the front edge protrudes.

Place the cap back on again. The cap is on correctly when it is pushed back as far as it will go, and you hear and feel it click into place.

The cap can only be easily placed on up to the stop position when the lancet drum is completely inside the finger pricker. Do not use force to place the cap on. This might damage the cap and finger pricker. Instead, correct the position of the lancet drum.

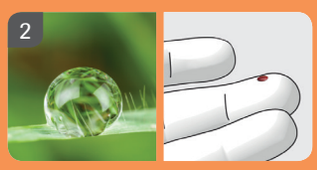
Rotate the cap until the desired penetration depth lines up with the indicator. Tip: When obtaining blood, start with a medium penetration depth, such as 3.

Loading a new lancet: Prepare the finger pricker for obtaining blood again. Push the lever ❶ in direction **A** and then back again in direction **B**.

4 essentials for proper testing

Clean and fresh.

Before you start, **wash your hands** with warm water and soap, rinse well and dry them thoroughly with a clean towel.



Like a perfectly formed dewdrop.

Always use a small and **well-formed blood drop**. Don't let the drop spread.

Gentle and steady.

When performing the test, place your finger gently on the guidance tabs so that only the blood drop comes into contact with the centre of the test area. **Your finger should not make any contact with the test area. Keep your finger as still as possible.**

Like a butterfly landing gently on a flower.

Apply the blood drop immediately after you have created it. Remove your finger as soon as *Test in progress* is displayed and the beep tone (if activated) sounds.

4 simple steps to perform a test

Before you perform a blood glucose test: Observe the important instructions above before performing a blood glucose test.

Open the tip cover. The meter turns on.

Press the lancing device firmly against the selected puncture site to obtain a drop of blood.

To apply the blood drop to the test area: Position your finger gently on the guidance tabs so that only the blood drop comes into contact with the test area between the guidance tabs.

Read the result and close the tip cover. The meter turns off.

If you need any more help or information please contact your Roche representative.

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Roche Diabetes Care Limited, Charles Avenue, Burgess Hill, RH15 9RY, UK.
Company registration number: 9055599
www.accu-chek.co.uk

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