ACCU-CHEK® Insight

Roche

PROGRAMMING BASAL PROFILES AND ADMINISTERING BOLUSES

PROGRAM BASAL PROFILE 1

Your pump delivers a continuous stream of insulin to cover your basic insulin need. This is called your basal rate profile.

1

From the status screen, press ◘.

2

The main Menu appears.
Press ▼ to move to Basal.
Press ◘ to select.

3

The Basal menu appears.
Press ▼ to move to Program Basal Profile.
Press ◘ to select.

4

The Program Basal Profile screen appears.
Press ◘ to select Basal Profile 1.

5

The Basal Profile 1 screen appears. The Start time is always midnight. The End time of the first time block is highlighted.
Press ▲ or ▼ to set the time.
Press ◘.

6

The hourly basal rate of the first time block is highlighted and the next time block appears.
Press ▲ or ▼ to set the hourly basal rate.
Press ◘.

7

The End time of the second time block is highlighted.
Continue programming the End time and hourly basal rate for the total of 24 hours.

8

After you have programmed an hourly basal rate for all 24 hours, press ◘.

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9

The Basal Profile daily total screen for the Basal Profile 1 appears. Make sure the daily total matches your therapy requirement.
Press ◘ to confirm.

10

The Pump stopped screen appears.

As well as your initial basal profile you may want to use other basal profiles for different routines.
You can program up to 5 different basal profiles. Discuss using different basal profiles with your healthcare team.

ACTIVATING A BASAL PROFILE

1

From the status screen, press ◘.

2

The main Menu appears.
Press ▼ to move to Basal.
Press ◘ to select.

3

The Basal menu appears.
Press ▼ to move to Activate Basal Profile.
Press ◘ to select.

4

The Activate Basal Profile screen appears.
Press ▲ or ▼ to move to Basal Profile 2 (1, 3, 4, or 5).
Press ◘ to select.

5

The Basal Profile 2 (1, 3, 4, or 5) summary screen appears.
Make sure you selected the correct profile.
Press ◘.

The status screen appears.
The new basal profile is active immediately.

PROGRAMING A TEMPORARY BASAL RATE (TBR)

Using the Temporary Basal Rate, you can increase or decrease your current basal rate profile on a percentage basis for a specified period of time.

PROGRAM A TBR

1

From the status screen, press ◘.

2

The main Menu appears.
Press ▼ to move to Basal.
Press ◘ to select.

3

The Basal menu appears.
Press ◘ to select Temporary Basal Rate.

4

The Temporary Basal Rate menu appears.
Press ◘ to select Basic TBR.

5

The Basic TBR screen appears with the TBR percentage highlighted.
Press ▲ or ▼ to set the TBR percentage. Press ◘.

6

The TBR duration is highlighted.
Press ▲ or ▼ to set the duration.
Press ◘ to confirm.

The status screen appears, showing the percentage and the remaining duration of the TBR in addition to the modified hourly basal rate.

When the duration of the TBR has expired, your pump displays Reminder R7: TBR completed.

Setting a TBR does not affect any boluses you have set up.

CANCEL A TBR

1

From the status screen, press ◘.

2

The main Menu appears. Press ▼ to move to Basal.
Press ◘ to select.

3

The Basal menu appears.
Press ◘ to select Temporary Basal Rate.

4

The Temporary Basal Rate menu appears.
Press ▼ to move to Cancel TBR.
Press ◘ to select.

5

The Cancel TBR screen appears.
Press ◘ to confirm.

6

The pump displays Warning W36: TBR cancelled to confirm the cancellation was intended.
Press ◘ twice to mute and confirm the warning.

DELIVERING A STANDARD BOLUS

The standard bolus delivers the programmed insulin dose all at once.

1

From the status screen, press ◘.

2

The main Menu screen appears. Press ◘ to select Bolus.

3

The Bolus menu appears. Press ◘ to select Standard Bolus.

4

The Standard Bolus screen appears with the immediate bolus amount highlighted.

5

Press ▲ or ▼ to set the immediate bolus amount. Press ◘ to confirm.

6

The Bolus to deliver screen appears for 5 seconds. (Press ∞ to go back and change the amount if necessary.)

7

Your pump returns to the status screen showing a progress bar for the remaining bolus amount.

You can cancel the bolus during delivery by pressing and holding ∞ for 3 seconds.

This quick start guide is not intended to replace the user manual, all users should read the user manual before use.

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